

# ST. FRANCIS de SALES CATHOLIC CHURCH

320 NORTH CHURCH STREET • ROBESONIA, PENNSYLVANIA 19551

## NEW PARISHIONERS,

Welcome to St. Francis de Sales!  
Please visit the office to register  
or simply complete and return  
the registration form, which  
can be found on our website  
or in the narthex.

We welcome you  
to our parish family,  
and are delighted  
to have you join us  
on our faith journey.



## PASTORAL STAFF

Rev. John A. Frink, M.Div. ----- Pastor  
Alison Snyder ----- Director of Religious Education  
Christina Kopinski ----- Administrative Assistant

## SUNDAY MASS SCHEDULE

Saturday Vigil ----- 5:00 pm

Sunday ----- 8:00 am & 10:30 am

## WEEKDAY MASSES

Monday - Friday ----- 9:00 am

**EUCCHARISTIC ADORATION:** Thursday 9:30 am - 7:00 pm  
and Benediction at 7:00 pm

**RECONCILIATION:** Thursday 9:30 am - 10:30 am &  
6:15pm - 7:15 pm and Saturday 4:00 pm - 4:45 pm

**SPIRITUAL CARE OF THE SICK:** Please contact the office  
when a parish member has been admitted to the hospital  
or has become home bound. Upon request, the  
Sacrament of Anointing will be celebrated and Holy  
Communion will be brought monthly.

**Phone**  
610-693-5851

**Church E-mail**  
stfrancisrob82@verizon.net

**Pastor's E-mail**  
jfrink@allentowndiocese.org

**Website**  
www.stfrancisrob.org

**Office Hours**  
Monday - Thursday:  
8:30 am - 12 noon  
& CLOSED Fridays

**Diocesan Victim  
Assistance Coordinator**

Ms. Wendy S. Krisak,  
M.A., NCC, LPC  
Direct Phone: 800-791-9209

**Diocesan Safe  
Environment Coordinator**

Pamela J. Russo, MSW, MS  
Secretary for Youth Protection  
Diocese of Allentown  
1515 Martin Luther King, Jr. Drive  
P.O. Box F  
Allentown, PA 18105-1538  
610-871-5200, Ext. 2204  
610-871-5211 (Fax)  
prusso@allentowndiocese.org

**CATHOLIC BISHOP ABUSE REPORTING SERVICE:** If you have an  
allegation of abuse against a bishop, please contact the Catholic  
Bishop Abuse Reporting Service at [www.ReportBishopAbuse.org](http://www.ReportBishopAbuse.org) or  
phone 800-276-1562.

## THE MISSION OF ST. FRANCIS de SALES PARISH

*Guided by the gentle spirit and practical teachings of St.  
Francis de Sales, we strive to "Live Jesus" in our daily lives.  
We proclaim the Gospel, celebrate the Holy Eucharist, and  
are nourished through prayer, worship, love, and service to  
others. Together we are building a community that brings joy  
to our faith and light to the world, which one day will become  
the City of God.*

**BAPTISM:** The Sacrament of Baptism is celebrated during Mass or on  
Sundays after the 10:30 Mass. Parents are asked to contact the parish  
office to arrange a time for preparation and to schedule the baptism.

**CONFIRMATION AND EUCHARIST:** Each child must have received a  
full year of religious education at St. Francis prior to beginning the  
sacramental preparation classes.

**MARRIAGE:** In order that the requirements for marriage preparation  
may be fulfilled, couples are to contact the parish office at least six  
months before the desired wedding date.

**WILLS AND DONATIONS:** Please consider designating St. Francis de  
Sales Parish in your last will and testament so that the blessings the  
Lord has given you can continue to build His Kingdom here on earth.



## January 11, 2026 ✠ The Baptism of the Lord

### *Mass Schedule for the Week:*

#### Saturday, January 10, 2026

5:00 PM Mary Hopko

#### Sunday, January 11, 2026 ~ The Baptism of the Lord

8:00 AM Our Parishioners

10:30 AM Charles Cason

#### Monday, January 12, 2026

9:00 AM Intentions for Andrew Kramer

#### Tuesday, January 13, 2026

9:00 AM

#### Wednesday, January 14, 2026

9:00 AM

#### Thursday, January 15, 2026

9:00 AM James Girard

#### Friday, January 16, 2026

9:00 AM Bill Helfrick

#### Saturday, January 17, 2026

5:00 PM Jim Bross

#### Sunday, January 18, 2026

8:00 AM John S. Milia

10:30 AM Debbie Daniel

### Parish Schedule/Announcements

#### **Second Collection - Maintenance**

Sunday, January 11: 10:00am - Pray the Rosary

Tuesday, January 13: 6:30pm - ALPHA

Thursday, January 15: 9:30am – 7:30pm - Eucharistic Adoration with Benediction of the Blessed Sacrament at 7:30pm; Reconciliation from 9:30-10:30am; & 6:15-7:15pm

### Lector & Server Schedule

#### Saturday, January 17

5:00 PM ~ Servers: Lector: Starling

#### Sunday, January 18

8:00 AM ~ Servers: Kalinofski Lector: Fleming  
Palm-Rittle

10:30 AM ~ Servers: Hook Lector: Fullam

If you are a homebound parishioner or know of a homebound parishioner unable to attend Mass due to an illness, please notify the office so we can reach out to you (them).

### **Pray For Our Sick**

*Delphine Altland, Alicia Balkjy, Camille Bernardo, Lucia (Lucy) Bernardo, Lisa Boess, Jim Bross, Sr., Betty & Harold Brown, Rosemary C., Joseph Disabella, Savannah Ferrell, Pat Fleagle, Judith Goeltz, Alice Bernardo-Gold, Michael B. Hasenauer, Nicholas M. Headley, Karen Houck, John Hopko, Rose Howard, John Jones, Leslie & Janet Livinghouse, Florence Kapuscinski, Richard L. Mark, Kathleen Miller, Tom Mirabella, Dave Mitchell, Connor Moecey, Drea Moyer, Joe Noll, Mary Ann Savitsky, David Snyder, Pat Snyder, Barbara Lucas Stencel, Andrew Strangarity, Logan Weaver, Eleana Wilson*



### **Readings for the Week**

#### **Sunday ~ The Baptism of the Lord**

Is 42:1-4, 6-7; Acts 10:34-38; Mt 3:13-17

#### **Monday**

1 Sm 1:1-8; Mk 1:14-20

#### **Tuesday**

1 Sm 1:9-20; Mk 1:21-28

#### **Wednesday**

1 Sm 3:1-10, 19-20; Mk 1:29-39

#### **Thursday**

1 Sm 4:1-11; Mk 1:40-45

#### **Friday**

1 Sm 8:4-7, 10-22a; Mk 2:1-12

#### **Saturday**

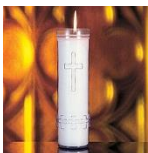
1 Sm 9:1-4, 17-19, 10:1; Mk 2:13-17

#### **Sunday**

Is 49:3, 5-6; 1 Cor 1:1-3; Jn 1:29-34

### *~ Living Flame ~*

Will burn the week of January 11, 2026  
*In Loving Memory of Jean Sabinsky*



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## Our Return to the Lord

Week of January 4, 2026 ~ \$ 5,818.00

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### Condolences:

*St. Francis de Sales Parish asks you pray for the soul of our founding pastor, **Rev. William Nessel**, who passed away on Monday, January 5, 2026. May God welcome Fr. Nessel into eternal life and peace, and may the Nessel family experience God's consolation and strength during this time of sorrow.*

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### Why Volunteer?

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If you feel called to serve, we invite you to join our volunteer team. Together, we can bring dignity, comfort, and compassion to those who need it most. Apply online or scan the QR code!

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Today we complete the Church's celebration of the unbelievable good news that God has fulfilled His promise to be Emmanuel - God with His people.

As we hear Matthew recount the baptism of Jesus, heaven and earth are joined together as the Spirit descends on Jesus and we hear the Father's voice announce Jesus' true identity: "This is my beloved Son, with whom I am well pleased."

To help us understand the full meaning of the Father's words, we have also heard the words of the prophet Isaiah. Jesus is the fulfillment of His prophecy. Jesus is the Servant, the Chosen One, on whom the Father's favor rests. The Spirit of the Lord is upon Him, and He will bring forth God's justice to all the world.

The wonder of this revelation is that he will bring about this justice with meekness and gentleness, especially toward the downtrodden. Jesus will announce this good news of peace as He goes about going good and healing sinners. He will be light to the blind and freedom for those locked away in darkness. Anyone who reveres God and is willing to live as Jesus teaches can share in God's gift of peace.

That's the message we have received and the challenge we are offered by our baptism. Because Jesus wants us to share His very life, the Spirit of God has descended on us and dwells in us, and the Father speaks the same wonderful words to us that He spoke to Jesus: "You are my beloved son or daughter, with whom I am well pleased."

Our Father has grasped us by the hand, and He wants us to be the living signs of His continuing care for all His people, especially the downtrodden. We are to work each day for the victory of justice with great gentleness. In our own way, we are to bring light to anyone who is living in darkness.

Our Father wants to remind us at the beginning of each day: "You are my beloved son or daughter, with whom I am well pleased." If we take the time to listen to His words each morning, they offer us direction for our day. As we listen, we can ask ourselves: how will I live today as the beloved son or daughter of God? How will I make it evident today that I am thankful that God is pleased with me?

God's loving word to us has to be an uplifting start to our day! Let us take the time to listen.

<https://www.oblates.org/sundays-salesian/baptism-of-the-lord-january-11-2026>





JANUARY



*The Bible:  
Our Family's  
Story*

INTRO VIDEO

Please watch if you missed the class, need a refresher or want to share with a parent that wasn't present.

HOME LESSONS

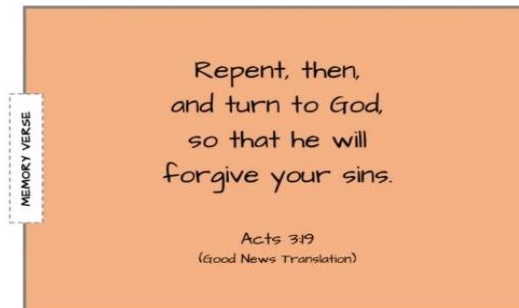
Week 1 - Bible Basics for Beginners

Week 2 - God's Living Word

Week 3 - The Ancestors in the Faith

MONTHLY MEMORY VERSE

4 Repent and believe in the Gospel



LEVEL 7 - CONFIRMATION PREP

Decision Point - Seasons 3.0-3.3

Gifts of the Spirit Worksheet due 11/11

NEXT CLASSES:  
LEVEL 2 & 7 ONLY - JANUARY 11TH  
ALL - FEBRUARY 1ST

If you missed class, your "at home" packet is in the folder outside the Religious Ed office in the basement of the church. Please pick up these materials as you will need them for the home lessons. Please watch the video which will help you complete your home packet; or you may view it if you need a refresher or want to share with a parent that wasn't present.

**Monthly Challenge:** Bless your home using the Epiphany Home Blessing provided during class!

# A Health Note from your Parish Nurse Minist

## Diabetes Awareness: What Everyone Should Know

### What is diabetes?



Diabetes is a condition that occurs when **sugar (glucose) stays in the blood instead of going into the body's cells** to be used for energy. This happens because the body has trouble using or making a hormone called **insulin**, which is produced in the pancreas and helps move sugar from the blood into the cells. This leads to high blood sugar, which can damage different parts of the body over time.

Symptoms of diabetes include **increased urination, increased thirst, increased hunger, blurred vision, fatigue, non-healing wounds, and frequent infections.**

**Type 1** diabetes is an autoimmune disease where the body's immune system attacks the pancreas, causing it to make little or no insulin. Without sufficient insulin, the body can't effectively move sugar from the blood into cells for energy. Type 1 diabetes is most often identified in children and young adults, although it can be diagnosed at any age. People with Type 1 diabetes need lifelong insulin shots to keep their blood sugar levels healthy.

**Type 2** diabetes is the most common form of diabetes and can occur at any age. It develops when the body's cells don't use insulin properly. The pancreas might also stop making enough insulin to keep blood sugar levels healthy. People who are overweight or have a family history of diabetes are at higher risk. Maintaining a healthy weight can delay or prevent its onset.

**Prediabetes** is a condition where blood sugar levels are higher than normal, but not high enough to be classified as Type 2 diabetes. However, it indicates a greater risk of developing Type 2 diabetes and heart disease in the future. The good news is that prediabetes can be reversed with a balanced diet, exercise, and medical management. Many people with prediabetes are unaware they have it, making early identification crucial.

**If you experience any of the above symptoms or believe you may be at risk, consult a healthcare professional to determine if you should be tested for diabetes.**

Source: National Institute of Diabetes and Digestive and Kidney Diseases, Mayo Clinic



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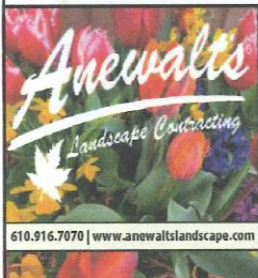
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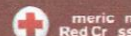
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