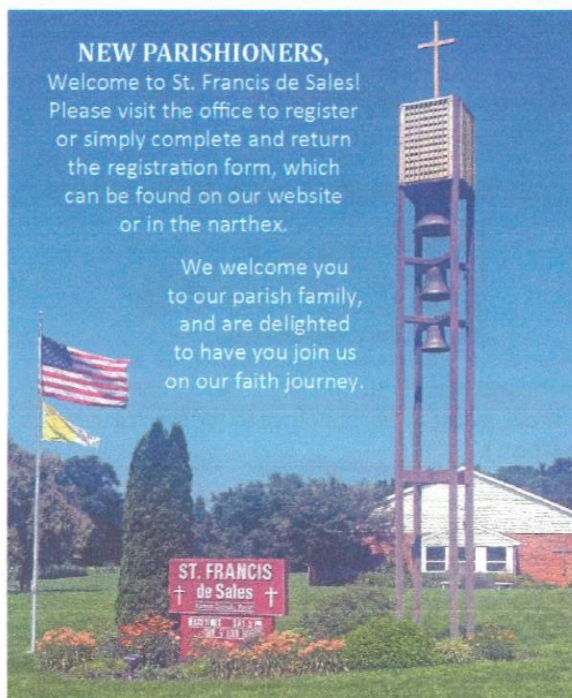


# ST. FRANCIS de SALES CATHOLIC CHURCH

320 NORTH CHURCH STREET • ROBESONIA, PENNSYLVANIA 19551



## NEW PARISHIONERS,

Welcome to St. Francis de Sales! Please visit the office to register or simply complete and return the registration form, which can be found on our website or in the narthex.

We welcome you to our parish family, and are delighted to have you join us on our faith journey.

**Phone**  
610-693-5851

**Church E-mail**  
stfrancisrob82@verizon.net

**Pastor's E-mail**  
jfrink@allentowndiocese.org

**Website**  
www.stfrancisroby.org

**Office Hours**  
Monday - Thursday:  
8:30 am - 12 noon  
& CLOSED Fridays

## Diocesan Victim Assistance Coordinator

Ms. Wendy S. Krisak,  
M.A., NCC, LPC  
Direct Phone: 800-791-9209

## Diocesan Safe Environment Coordinator

Pamela J. Russo, MSW, MS  
Secretary for Youth Protection  
Diocese of Allentown  
1515 Martin Luther King, Jr. Drive  
P.O. Box F  
Allentown, PA 18105-1538  
610-871-5200, Ext. 2204  
610-871-5211 (Fax)  
prusso@allentowndiocese.org

**CATHOLIC BISHOP ABUSE REPORTING SERVICE:** If you have an allegation of abuse against a bishop, please contact the Catholic Bishop Abuse Reporting Service at [www.ReportBishopAbuse.org](http://www.ReportBishopAbuse.org) or phone 800-276-1562.

## PASTORAL STAFF

Rev. John A. Frink, M.Div ----- Administrator  
Alison Snyder ----- Director of Religious Education  
Christina Kopinski ----- Administrative Assistant

## SUNDAY MASS SCHEDULE

Saturday Vigil ----- 5:00 pm  
Sunday ----- 8:00 am & 10:30 am

## WEEKDAY MASSES

Monday - Friday ----- 9:00 am

**EUCCHARISTIC ADORATION:** Thursday 9:30 am - 7:00 pm  
and Benediction at 7:00 pm

**RECONCILIATION:** Thursday 9:30 am - 12:00 Noon and  
Saturday 4:00 - 4:45 pm

**SPIRITUAL CARE OF THE SICK:** Please contact the office when a parish member has been admitted to the hospital or has become home bound. Upon request, the Sacrament of Anointing will be celebrated and Holy Communion will be brought monthly.

## THE MISSION OF ST. FRANCIS de SALES PARISH

*Guided by the gentle spirit and practical teachings of St. Francis de Sales, we strive to "Live Jesus" in our daily lives. We proclaim the Gospel, celebrate the Holy Eucharist, and are nourished through prayer, worship, love, and service to others. Together we are building a community that brings joy to our faith and light to the world, which one day will become the City of God.*

**BAPTISM:** The Sacrament of Baptism is celebrated during Mass or on Sundays after the 10:30 Mass. Parents are asked to contact the parish office to arrange a time for preparation and to schedule the baptism.

**CONFIRMATION AND EUCHARIST:** Each child must have received a full year of religious education at St. Francis prior to beginning the sacramental preparation classes.

**MARRIAGE:** In order that the requirements for marriage preparation may be fulfilled, couples are to contact the parish office at least six months before the desired wedding date.

**WILLS AND DONATIONS:** Please consider designating St. Francis de Sales Parish in your last will and testament so that the blessings the Lord has given you can continue to build His Kingdom here on earth.



## October 13, 2024 ✠ Twenty-Eighth Sunday in Ordinary Time

### Mass Schedule for the Week:

#### Saturday, October 12, 2024

5:00 PM Our Parishioners

#### Sunday, October 13, 2024

8:00 AM Carolyn Schultz

10:30 AM Jennifer Marie Papay

#### Monday, October 14, 2024

9:00 AM Joseph & Ronald Savitsky

#### Tuesday, October 15, 2024

9:00 AM Nick & Mary Barbetta

#### Wednesday, October 16, 2024

9:00 AM Annetta Edinger

#### Thursday, October 17, 2024

9:00 AM Intentions for Bob & Kathy Verbosh

#### Friday, October 18, 2024

9:00 AM Herminio & Gloria Alegado

#### Saturday, October 19, 2024

5:00 PM Michele & Frank Paradiso

#### Sunday, October 20, 2024

8:00 AM John L. Switay

10:30 AM Dennis Gaston

### Parish Schedule

#### This Weekend - Maintenance Collection

Sunday, October 13 @ 10:00am - Pray the Rosary

Monday, October 14 - Offices CLOSED

Wednesday, October 16 @ 1:00pm - Prayer Shawl

Thursday, October 17: 9:30am – 6:30pm - Eucharistic  
Adoration with Benediction at 6:30pm; Reconciliation  
from 9:30-10:30am & 5:00-6:15pm

### Lector & Server Schedule

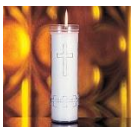
#### Saturday, October 19<sup>th</sup>

5:00 PM ~ Servers: Bross Lector: Stine

#### Sunday, October 20<sup>th</sup>

8:00 AM ~ Servers: Palm-Rittle Lector: Huck

10:30 AM ~ Servers: Quinlivan Lector: Misterkiewicz



### ~ *Living Flame* ~

Will burn the week of October 13, 2024  
*In Loving Memory of John L. Switay*

### *Spiritual Thought*

*Love above all else our merciful Father in heaven,  
and serve him with all your strength and purity of  
heart.*

*St. Francis of Paola*

### **Pray For Our Sick**

*Delphine Altland, Alicia Balkjy, Camille Bernardo, Lucia  
(Lucy) Bernardo, Lisa Boess, Jim Bross, Sr., Betty & Harold  
Brown, Rosemary C., Mary DeLong, Joseph Disabella,  
Savannah Ferrell, Pat Fleagle, Mary Ann Flemming,  
Savannah Ferrell, Judith Goeltz, Michael B. Hasenauer,  
Nicholas M. Headley, Karen Houck, Rose Howard, John  
Jones, Leslie & Janet Livinghouse, Florence Kapuscinski,  
Kathleen Miller, Dave Mitchell, Connor Macey, Joe Noll,  
Mercedes Rodriguez, Pat Snyder, Layla Rose Stockinger,  
Andrew Strangarity, Logan Weaver, Eleana Wilson*



### *Readings for the Week*

#### *Sunday*

*Wis 7:7-11; Heb 4:12-13; Mk 10:17-30 or 10:17-27*

#### *Monday*

*Gal 4:22-24, 26-27, 31 – 5:1; Lk 11:29-32*

#### *Tuesday*

*Gal 5:1-6; Lk 11:37-41*

#### *Wednesday*

*Gal 5:18-25; Lk 11:42-46*

#### *Thursday*

*Eph 1:1-10; Lk 11:47-54*

#### *Friday*

*2 Tm 4:10-17b; Lk 10:1-9*

#### *Saturday*

*Eph 1:15-23; Lk 12:8-12*

#### *Sunday*

*Is 53:10-11; Heb 4:14-16; Mk 10:35-45 or 10:42-45*

If you are a homebound parishioner or know of a  
homebound parishioner unable to attend Mass due to  
an illness, please notify the office so we can reach out  
to you (them).



*Our Return to the Lord*  
*Week of October 6 ~ \$ 10,576.00*

Hurricane Helene has struck hard and caused much damage across the Southeastern Region of the United States. In addition to over 200 lives lost, the storm has left large areas in utter destruction which will take months, if not years, to rebuild. And now with the threat of Hurricane Milton and subsequent hurricanes during hurricane season, Bishop Schlert has authorized a special Emergency Disaster collection be taken up NEXT weekend, Oct 20 & 21 to aid in the recovery efforts.

"May the victims of Hurricanes Helene & Milton find hope in God's love and may God's grace sustain them in the work of recovery and rebuilding."



Fr. John will be away for Spiritual direction Monday, October 21 – Tuesday, October 22 and then immediately travels to Hershey for the Priests Convocation beginning Wednesday – Friday. Therefore, there will be **NO daily Mass or adoration the week of October 21-25.**

*Becoming a Knight of Columbus can transform your life!*

The St. Francis de Sales Knights of Columbus are reaching out to the young men of our parish to join in our mission of Charity, Unity, and Patriotism. As a Knight, you have the opportunity to support your parish, give back to the community, and grow in your faith. We are a band of brothers dedicated to doing good in the service of God and our neighbor. We have various open positions {one position in particular, a Financial Secretary} we are hoping to fill and will provide the appropriate training. If interested in learning more or becoming a Knight, please talk to any of our members or go to [kofo.org/join](http://kofo.org/join).



In the closing minutes of the movie Field of Dreams, the character Thomas Mann is invited by the ghost of Shoeless Joe Jackson to come "out" with the team. Ray Concella is incensed. Why is the writer invited instead of Ray? Ray launches into a litany of all the things that he has done in following the promptings of the "voice" and ends with the statement: "Not once have I asked what's in it for me!" The ghost inquires: "What are you saying, Ray?" Ray responds: "I'm saying, what's in it for me?"

How honest. How revealing. How human.

We hear echoes of this same refrain in St. Peter's statement in today's Gospel: "We have put aside everything to follow you." Implied? "What's in it for us?"

The truth is that the Good News never seems to let up. Even as we grow in our love for God, ourselves and others the Good News always calls us to give more, to go deeper, to press on. Truth is, the Good News sometimes does not feel so good.

No wonder we sometimes ask the questions: "What more do you want? Why should I do this? What's in it for me?"

What's in it for us is a twofold promise. First, we come to know the joy that comes with being more concerned about giving than receiving. We experience the freedom that comes with allowing God to penetrate all – not just some – of who we are. In short, we experience the wealth that is only known by generous people.

Second, we live each day with the belief that we shall one day enjoy God's generosity forever in a life that never ends.

So, what's in it for us? How about purpose, meaning and direction in this life? How about the fullness of these – and so many other gifts – in the life to come?

Now that's Good News!



## Parish Religious Education Program

Date: 10/6/24	Chapters/Lessons Covered Theme for the Week	Homework or Out of Class Activity	Additional Notes
Level 1	God Made Everything!	Recognize all that God made. Use your Creation bookmark in your Bible at home.	Continue practicing the Sign of the Cross.
Level 2 (First Communion)	Unit 3 God sent Jesus to save us	Discuss a parable at home with your child.	Work on learning prayers.
Level 3	Chapter 1, Session 2 & 3 Sign of the Cross meaning Kindness towards others	Read Corinthians 13:1-13 Discuss how you show love & how you can be more loving towards one another.	
Level 4	Unit 1, Session 3 God's plan for Salvation	pg. 28 - At Home Activity	
Level 5	Unit 1, Session 4 Genesis 1-2 St. Therese St. Margaret		
Level 6	Unit 1 Session 3/4 Faith in God Bible Readings - Noah, Adam & Eve Cain & Abel, Abraham & Sarah		
Level 7 (Confirmation Prep)	Session 3 The Jesus Question Our Relationship with Jesus	Crossword pg. 84 Read the Gospel of Matthew Be sure to bring your book to class each week.	Parents Meeting at next class 10/22

Link to 2nd Grade Videos: <https://www.dynamiccatholic.com/plus/blessed-seasons.html>

Link to 7th Grade Videos: <https://www.dynamiccatholic.com/plus/decision-point.html>

*Attendance is VERY important. Each grade has its own curriculum which builds upon the prior year and prepares for the next year. PREP allows children to build a strong foundation of their faith, it brings them closer to God and gives them the proper tools to lead a life that follows Jesus. Classes may need repeated in the following year if there is an excess of absences. Please value the importance of these classes and also **Mass attendance**. Be sure to fill out the sticker chart in the church hall for Mass attendance. Thank you for valuing the importance of your child's faith.*

**Our next Class is: October 20th (Levels 1 - 7)**

# Health Note from your Parish Nurse Ministry:

## October is Breast Cancer Awareness Month

# Breast Health



About one in eight women in the U.S. will develop invasive breast cancer during their lifetime.

### No.1

Breast cancer is the most common cancer among American women, except for skin cancers.

### 232,670

Estimated amount of new cases of invasive breast cancer diagnosed in women.

### 55+

Two of three breast cancers are found in women 55 or older.

### 2.8 million

Estimated amount of breast cancer survivors in the U.S.

### No.2

Breast cancer is the second leading cause of cancer death in women, exceeded only by lung cancer.

Breast cancer survivorship has tripled over the past 60 years.

### Risk Factors

#### GENDER

A woman is 200 times more likely than a man to develop breast cancer.

#### AGE

Your risk of developing breast cancer increases as you get older, and half of all breast cancers are diagnosed in women older than 60.

#### GENETICS

About 5 to 10 percent of breast cancer cases are thought to be hereditary, meaning that they result directly from gene defects inherited from a parent.

#### FAMILY HISTORY

Risk is higher among women whose close blood relatives have this disease. Less than 15 percent of women with breast cancer have a family member with this disease.

#### WEIGHT

Being overweight or obese increases breast cancer risk.

#### RACE

Overall, white women are slightly more likely to develop breast cancer than African-American women, but African-American women are more likely to die of this cancer.

### Health Tips



#### BREAST DENSITY

Having dense breasts makes your chance for breast cancer four times higher.



**KNOW YOUR FAMILY HISTORY**  
5 to 10 percent of breast cancer is hereditary.



**NUTRITION**  
Eat five or more servings of fruit and vegetables daily, limiting processed and red meats. Choose whole grains.



**SCREENING**  
Remember to get annual mammograms and clinical breast exams beginning at 40.



#### WATCH WEIGHT

Women who gained 21 to 30 pounds since age 18 were 40 percent more likely to develop breast cancer than those who hadn't gained more than five pounds.



#### PHYSICAL ACTIVITY

Women who walk briskly for 1.25 to 2.5 hours a week had 18 percent less risk than women who are inactive.



#### ALCOHOL

Limit alcohol consumption to no more than one drink a day — any more than that increases risk by 1.5 times compared to someone who doesn't drink.



#### SUPERFOODS

City of Hope researchers have discovered that pomegranates, grape seed extract and blueberries all have powerful breast cancer fighting agents.

### Symptoms

- Swelling of all or part of the breast
- Skin irritation or dimpling

- Breast or nipple pain
- Nipple retraction (turning inward)
- Redness, scaliness or thickening of nipple or breast skin
- Nipple discharge





**Act now to  
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In the United States, one in  
nine people face hunger.  
[feedingamerica.org](http://feedingamerica.org)

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Wishes To Our Mom,  
**Mary Ann Rosenbaum**  
We Love & Miss You Very Much  
Your Five Kids!! XO

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**OBLATES  
OF  
ST. FRANCIS DE SALES**

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to the priesthood or  
brotherhood, contact:*

~ Fr. Tim McIntire, OSFS ~  
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